



Facing Fears with Picture Books Booklist

Frightening Folktales

After the Fall, by Dan Santat, Roaring Brook, 2017.

Alone in the Forest, by Gita Wolf & Andrea Anastasio, illustrated by Bhajju Shyam, Tara Books, 2013.

Baba Yaga and Vasilisa the Brave, by Marianna Mayer, illustrated by K. Y. Craft, HarperCollins, 1994.

Boy Dumplings: A Tasty Chinese Tale, by Ying Chang Compestine, illustrated by James Yamasaki, Immedium, 2016.

Can't Scare Me!, by Ashley Bryan, Atheneum, 2013.

The Crow (A Not-So-Scary-Story), by Alison Paul, Houghton Mifflin, 2007.

The Girl With a Brave Heart, by Rita Jahanfouz, illustrated by Vali Mintzi, Barefoot Books, 2013.

Hansel and Gretel, by Rachel Isadora, G. P. Putnam's Sons, 2009.

The Legend of the Fog, by Qaunaq Mikkigak & Joanne Schwartz, illustrated by Danny Christopher, Inhabit Media, 2017.

Little Red, by Bethan Woollvin, Peachtree, 2016.

Precious and the Boo Hag, by Patricia McKissack & Onawumi Jean Moss, illustrated by Kyrsten Brooker, Atheneum, 2005.

Posey the Monster Slayer, by Cory Doctorow, illustrated by Matt Rockefeller, FirstSecond, 2020.

The Wolves in the Walls, by Neil Gaiman, illustrated by Dave McKean, HarperCollins, 2005.

Real-World Worries

Cannonball, by Sacha Cotter, illustrated by Josh Morgan, Sourcebooks Jabberwocky, 2020.

The Day You Begin, by Jacqueline Woodson, illustrated by Rafael López, Nancy Paulsen, 2018.

The Forest, by Claire A. Nivola, Frances Foster Books, 2002.

I Am So Brave!, by Stephen Krensky, illustrated by Sara Gillingham, Abrams Appleseed, 2014.

I Go Quiet, by David Ouimet, Norton Young Readers, 2020.

Life Doesn't Frighten Me, by Maya Angelou, illustrated by Jean-Michel Basquiat, edited by Sara Jane Boyers, Harry N. Abrams, 2018.

Me and My Fear, by Francesca Sanna, Flying Eye, 2018.

My First Day, by Phung Nguyen Quang & Huynh Kim Lien, Penguin, 2021

Sharing a Smile, by Niki Kramar, illustrated by Ashley Evans, Simon & Schuster, 2021.

Shy, by Deborah Freedman, Viking, 2016.

Storm in the Night, by Mary Stolz, illustrated by Pat Cummings, HarperCollins, 1988.

What Do You Do With A Problem?, by Kobi Yamada, illustrated by Mae Besom, Compendium, 2016.

My Friend, the Monster

Courage Hats, by Kate Hoefler, illustrated by Jessixa Bagley, Chronicle, 2022.

The Dark, by Lemony Snicket, illustrated by Jon Klassen, Little, Brown, 2013.

El Chupacabras, by Adam Rubin, illustrated by Crash McCreery, Dial Books, 2018.

The Ghoul, by Taghreed Najjar, illustrated by Hassan Manasra, Crocodile Books, 2019.

Ghosts for Breakfast, by Stanley Todd Terasaki, illustrated by Shelly Shinjo, Lee & Low, 2022.

The Girl and the Wolf, by Katherena Vermette, illustrated by Julie Flett, Theytus Books, 2019.

Knight Owl, by Christopher Denise, Christy Ottaviano Books, 2022.

Ma-me-mi-mumu!, by Jomike Tejido, Tahanan Books, 2013.

My Teacher is a Monster! (No, I Am Not.), by Peter Brown, Little, Brown, 2014.

Shadow, by Suzy Lee, Chronicle Books, 2010.

Switch on the Night, by Ray Bradbury, illustrated by Leo and Diane Dillon, Alfred A. Knopf, 2000.

The Wall in the Middle of the Book, by Jon Agee, Rocky Pond, 2018.

Resources for Facing Fears with Children

Better Health Channel | [Anxiety and fear in children](#)

Child Mind Institute | [How to Help Children Manage Fears](#)

Child Mind Institute | [Helping Children Cope With Frightening News](#)

Sesame Street in Communities | [Troubling Times: Answering Kids' Questions About Community Violence](#)